



TENAFLY RECREATION



# JUNIOR TIGER WRESTLING

1st-3rd grade Boys & Girls

**CLINICS 6PM-7PM (AUX GYM)**  
**TUESDAYS NOVEMBER 15, 22, 29,**  
**DECEMBER 6, 13**  
**INSTRUCTED BY RED NOSE WRESTLING**

**PRACTICES 6PM-7PM (AUX GYM)**  
**MONDAYS & THURSDAYS**  
**NOVEMBER 21ST-FEBRUARY 23RD**

**MATCHES**  
**HELD ON WEEKENDS STARTING**  
**JAN 2023-SCHEDULE TBD**

**\$230 PER WRESTLER**

*Register Online Now!*

*More info available online [www.tenaflynj.org](http://www.tenaflynj.org)*

*<http://register.communitypass.net/tenafly>*

