

## MARCH 2021 UPCOMING EVENTS

**Friday, March 19 at 2:00** - If your birthday was in January, February or March stop in for birthday treat! This will be a monthly celebration. Once a month, on the third Friday of each month, if it is your birthday month stop in for a birthday treat!

**Tuesday, March 23 at 2:00** - **What's In the Box??? Game on Zoom**

Meeting ID: 481 367 6219

Passcode: TENAFly

Call in 1-646-558-8656 enter ID and passcode 2463348



**Wednesday, March 25 at 1:00** - Baking with Heidi - Heidi will be making Irish Soda Bread. Better late than never! **After the class** - stop by the center for a loaf of Irish Soda Bread! On Zoom and a few in person - call the center to register for in person attendance.

Meeting ID: 845 7068 6703

Passcode: 889768

Call in 1 929 205 6099 Enter Meeting ID and Passcode

**Monday, March 29 at 3:00** - **Make your own Charcuterie Platter** - This is a zoom event. We will be raffling off 2 beautiful platters for your enjoyment!! They will be delicious. Everyone who attends in will be entered into the raffle. My friend Abby will be doing this presentation. She will be teaching me at the same time - so please join us - it might be considered the next best comedy act!

MEETING ID 871 0077 8983 PASSCODE 855131

Call in - 646-558-8656



**Tuesday, March 30** - Catered by Apply Spice Box Lunches - Call to place your order \$13.00 per person.

Choose a sandwich: Pasta salad, pickle and cookie included

- Turkey Bacon w/ Pepper Jack Cheese on Honey Wheat
- Café Club on Honey Wheat - ham, turkey, bacon, cheese
- Trio Classic - Turkey, ham, roast beef on 13 grain bread
- BLT avocado on Honey Wheat
- Vegetarian on 13 grain bread
- Albacore Tuna on Sourdough

ENTERTAINMENT BY THE DRUNKEN FIDDLER! Zoom link will be sent before the luncheon. We will also be showing this on the big screen at the center. Call to register to watch the presentation. We will allow 20 inside. You must call to register for indoor viewing.

**Wednesday, March 31 at 7:00** - 10 Assumptions about Healthcare Costs:  
what you MUST know to avoid medical debt

The Affordable Care Act has brought insurance coverage to millions of people who never had access to insurance before. While more people have coverage, everyone is still at risk of significant financial responsibility for their medical care. Most care is not 100% free even to those with insurance. Susan Null from Systemedic, Inc., a nationally recognized medical bill advocate that helps individuals and businesses oversee and manage their medical expenses, will review 10 assumptions you need to avoid making in order to limit your risk for medical debt.

**MEETING ID 836 5892 8712      PASSCODE 593967**

**Call in 646-558-8656    Enter Meeting ID and PASSCODE**

**APRIL 2021** - (Some are save the dates with details to follow)

**Tuesday, April 6** - Personal Pizza and Bingo in the park    See attached flyer

**Monday, April 12 at 1:00** - BOOK CLUB - see attached flyer

**Tuesday, April 13 at 7:00 on Zoom** - **A Presentation on Burma/Myanmar: Its History, Culture and Struggle for Democracy**    **LINK TO FOLLOW**

Daily we watch the distressing news of the progression of violence on the streets of Burma/Myanmar as thousands of civilians protest the military's seizure of control of the government once again. How can the military dare to again put under house arrest the leader of the National League for Democracy which won a landslide victory in recent elections? Aung San Suu Kyi gained world recognition when she was awarded the Nobel Peace Prize in 1991, but again she is being denied her position as state counselor (prime minister).

In 1963, Judy Manton's husband took his bride to meet his missionary parents in Rangoon, Burma. While there, he interviewed members of the family of UN Secretary General U Thant, the subject of his doctoral dissertation. There were few foreigners in Burma at that time because Burma was under military rule.

In 2012, Judy returned to her husband's birthplace as an English teacher. During her month there, Judy met old family friends and visited Methodist English High School where her husband had interacted with Aung San Suu Kyi.

During Judy's presentation, we will explore not only the traditional culture beautified by golden stupas and huge statues of Buddha, but also the manifestation of the folk religion - spirits in human forms! We will learn of the on-going struggle, ever since their independence from England, of the Burmese people to wrest free from military control.

**Meeting ID: 856 5325 5473**

**Passcode: 037016**

**Wednesday, April 14 at 2:00** - Positive Impact of Physical Therapy for seniors from Baker Street Behavioral Health - Zoom Link to follow

**Friday, April 16 at 2:00** - Happy Birthday April! If you have a birthday in April stop at the center for a treat!

**Tuesday, April 20** - Jersey Mike's Luncheon and Entertainment- See flyer for choices

**Thursday, April 22 at 1:00** - Earth Day celebration - Oresko Park- What is a tree? Tenafly Nature Center - Bring your own chair - snack will be served



**Friday, April 23<sup>rd</sup> at 7:00** - Art Presentation - 50 Best Paintings - The 50 Best Paintings covers a span from the Renaissance to 20th century. Susan Altman of Art Lectures will be giving this Zoom talk. Link to follow

**Wednesday, April 28 at 2:00** - Zoom and in person (call to register) How to Make your House a Home - Details to follow

**Thursday, April 29 at 12:00** - Injury prevention - Details to follow

## **MAY 2021**

**Tuesday, May 4** - Cinco De Mayo Luncheon - See attached flyer

**Friday, May 7 at 12:30** - Korean PTA - curbside pickup lunch (sign up) Free luncheon (limited to 70)

**Wednesday, May 12 at 12:30** - Hospice 5 wishes - Details to follow

**Friday, May 14<sup>th</sup> at 2:00** - Happy Birthday May! If you have a birthday in May stop at the center for a treat.

**Tuesday, May 18 at 12:30** - Super Salad and Singing - - Dan Lopez will be performing - See attached flyer

**Wednesday, May 19 at 12:30** - Your Life, Your Legacy - Sponsored by Dignity Memorial - Details to follow

**Friday, May 21 at 1:00** - Craft Friday - \$10.00 per person Details to follow  
Let's enjoy the sun! Crafting with Michele - Class limited to 8. Snacks and laughs!  
Call to register

**Tuesday, May 25 at 12:30** - Lunch and Learn - I LOVE LUCY - Details to follow  
Evan Weiner will be doing this talk.