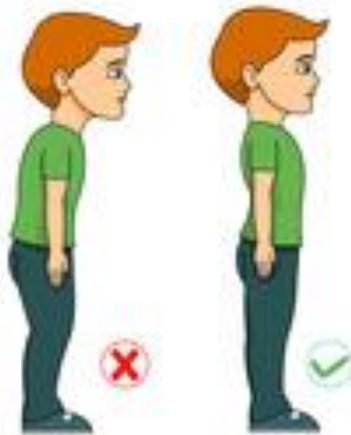


**LOWER YOUR RISK OF FALLS
AND
INJURIES WHILE KEEPING YOUR
MOBILITY AND INDEPENDENCE**

**FRIDAY, JANUARY 6, 2017
2:00 PM**

**LEARN HOW POSTURE CAN AFFECT YOUR
BALANCE**



**GET TIPS ON MAKING LITTLE CHANGES TO
IMPROVE YOUR POSTURE**

Purissa Seville, of Seville Physical Therapy LLC